



#### How to use First Dental Health

- Participating dentists generally reduce your cost. Your network/PPO is shown on the front of this card. To find a participating dentist near you, visit [www.firstdentalhealth.com](http://www.firstdentalhealth.com) or call (800) 334-7244. You are free, however, to choose any non-participating dentist to provide your dental services.
- Please request preauthorization if claim is over \$1,000.
- **Show** this card to your dentist, who should call Cypress Dental at (800) 350-3989 to verify benefits.

**Send claims to:**

Cypress Dental Administrators  
7510 Shoreline Drive, Suite A-1  
Stockton, CA 95219  
Attn: Claims Dept      Toll free (800) 350-3989 Option 1  
[www.cypressadmin.com](http://www.cypressadmin.com)

Verify benefits or receive claim status by phone (800) 350-3989 Option 1



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