

## **Getting started** with Teladoc®



Teladoc's U.S. board-certified doctors are available 24/7/365 to resolve many of your medical issues through phone or video consults. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.

### **SET UP YOUR ACCOUNT**

It's quick and easy online. Visit the Teladoc website at MyDrConsult.com, click "Set up account" and provide the required information. You can also call Teladoc for assistance over the phone.

#### **REQUEST A CONSULT**

Once your account is set up, request a consult anytime you need care.

#### PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

Online: Log into MyDrConsult.com and click "My Medical History".

Mobile app: Log into your account and complete the "My Health Record" section. Visit Teladoc.com/mobile to download the app.

Call Teladoc: Teladoc can help you complete your medical history over the phone.

# Talk to a doctor anytime for Free







**1-800-DOC-CONSULT (362-2667)** 



Teladoc.com/mobile



