

**McMinnville Electric System Health Benefit Plan**  
**Medical Summary of Benefits**  
**Effective January 1, 2019**



Refer to the Medical Plan Document and Summary Plan Description for details of Coverage.

MEDICAL BENEFITS	Cigna PPO Network Providers www.Cigna.com	Non-PPO Providers
<b>Member Calendar Year Deductible</b>	\$500 per individual \$1,000 per family (accumulative)	\$1,500 per individual \$3,000 per family (accumulative)
	The Calendar Year deductible does NOT include Medical Plan Co-payments, Prescription Drug Co-payments, pre-certification penalties, non-covered expenses or charges in excess of Reasonable & Customary charges. PPO and Non-PPO deductibles shall NOT combine together.	
<b>Plan Coinsurance</b>	Plan pays 100% of covered expenses.	Plan pays 70% of Plan Allowable Rate. (Rate equals 125% of Medicare allowable)
<b>Member Out-of-Pocket Maximum</b>	\$3,000 per individual \$6,000 per family (accumulative)	\$5,000 per individual \$15,000 per family (accumulative)
	Out-of-Pocket Maximum includes Medical Plan & Prescription Drug Co-payments, Calendar Year deductible and Member Coinsurance. Pre-certification penalties, non-covered expenses and charges in excess of Reasonable & Customary charges DO NOT apply toward the Out-of-Pocket Maximum. PPO and Non-PPO Out-of-Pocket Maximums shall NOT combine together.	
<b>Lifetime Maximum Benefit</b>	Unlimited.	
<b>Alcohol &amp; Substance Abuse Treatment</b> Inpatient Hospital admission requires Pre-certification	<b>Inpatient / Partial Hospitalization:</b> 100% of covered expenses; subject to Calendar Year deductible. <b>Outpatient Services:</b> 100% of covered expenses following a \$40 Co-payment; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Allergy Injections &amp; Testing</b>	<b>Allergy Testing:</b> based on type of services performed and place services are rendered. <b>Allergy Injections:</b> 100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Ambulance Services</b>	100% of covered expenses; subject to Calendar Year deductible.	<b>Emergency Ambulance Services:</b> 100% of covered expenses; subject to PPO Calendar Year deductible. <b>Non-Emergency Ambulance Services:</b> 70% Coinsurance; subject to Calendar Year deductible.
<b>Chiropractic Services / Spinal Manipulation</b>	100% of covered expenses following a \$20 Co-payment; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
	Refer to Outpatient Therapy Services for Chiropractic Services limitations.	
<b>Durable Medical Equipment &amp; Supplies</b>	70% Coinsurance; subject to Calendar Year deductible.	50% Coinsurance; subject to Calendar Year deductible.
<b>Emergency Room Services</b>	100% of covered expenses following a \$150 Co-payment; not subject to Calendar Year deductible. Co-payment will be waived if admitted directly from Emergency Room to a Hospital. <b>Note: Non-emergency visits to the Emergency Room will not be considered a covered expense.</b>	
<b>Extended Care Facility</b> Requires Pre-certification	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
	Calendar Year maximum benefit of 100 days for Skilled Nursing Facility, Extended Care Facility or Inpatient Rehabilitation Facility.	
<b>Home Health Care</b> Requires Pre-certification	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
	Calendar Year maximum benefit of 120 visits.	
<b>Hospice Care</b> Requires Pre-certification	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Inpatient Hospital Services</b> Includes Physician Services	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Maternity Care</b>	<b>Initial Maternity Office Visit / Pre-natal Care:</b> 100% of covered expenses; not subject to Calendar Year deductible. <b>Delivery &amp; Post-natal Care:</b> 100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.

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<b>Mental Health Services</b> Inpatient admission requires Pre-certification	<b>Inpatient / Partial Hospitalization:</b> 100% of covered expenses; subject to Calendar Year deductible. <b>Outpatient Services:</b> 100% of covered expenses following a \$40 Co-payment; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Outpatient Imaging / X-Ray Services</b>	<b><u>Diagnostic Imaging / X-Rays (not complex):</u></b> 100% of covered expenses; subject to Calendar Year deductible. <b><u>Complex Imaging Services:</u></b> (Includes but is not limited to CT scans, MRI's, MRA's, PET scans) <b>Independent Imaging Facility:</b> 100% of covered expenses; subject to Calendar Year deductible. <b>Outpatient Hospital:</b> 100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Outpatient Laboratory Services</b>	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Outpatient Physician Office Visit Services</b> Includes office visit charges, x-ray / imaging, laboratory and diagnostic services performed in the Physician's office during the office visit. Refer to Outpatient Surgery benefit for surgical procedures performed during an office visit.	<b>Primary Care Physician Office Visit / Walk-in Clinic / Convenience Care Clinic:</b> 100% of covered expenses following a \$20 Co-payment; not subject to Calendar Year deductible. <b>Specialist Office Visit:</b> 100% of covered expenses following a \$40 Co-payment; not subject to Calendar Year deductible. <b>Urgent Care Provider:</b> 100% of covered expenses following a \$75 Co-payment; not subject to Calendar Year deductible*.	70% Coinsurance; subject to Calendar Year deductible*.
	<b>*Note: Non-urgent use of an Urgent Care Provider shall not be considered a covered expense.</b> Refer to Outpatient Laboratory Services benefit and Outpatient Imaging / X-Ray Services benefit for treatment rendered outside of the Physicians office.	
<b>Outpatient Surgery</b>	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Outpatient Therapy Services</b>	100% of covered expenses following a \$40 Co-payment; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
	Calendar Year combined maximum benefit of 60 visits for all therapy types listed below: Physical Therapy, Speech Therapy, Occupational Therapy and Chiropractic Services	
<b>Pre-certification Requirements</b>	Pre-admission certification is mandatory for Home Health Care services and inpatient Hospital Admissions. Emergency hospital admissions must be approved within 48 hours. Failure to comply will result in a \$400 reduction of benefits due to pre-certification non-compliance.	
<b>Prescription Drug Benefits</b> <ul style="list-style-type: none"> <li>Retail Prescriptions (30 day supply maximum)</li> <li>Mail Order Prescriptions (90 day supply maximum)</li> </ul>	<b>Retail Network Pharmacy Co-payments:</b> <ul style="list-style-type: none"> <li>Drugs on CVS Value Priced Generic List: \$3</li> <li>Generic medications not on CVS VPG list: \$10</li> <li>Formulary Brand medications: \$35</li> <li>Non-Formulary Brand medications: \$60</li> </ul> <b>Mail Order Prescription Co-payments:</b> <ul style="list-style-type: none"> <li>Drugs on CVS Value Priced Generic List: \$6</li> <li>Generic medications not on CVS VPG list: \$20</li> <li>Formulary Brand medications: \$70</li> <li>Non-Formulary Brand medications: \$120</li> </ul> <b>Specialty / Injectable Prescription Co-payments:</b> <ul style="list-style-type: none"> <li>Specialty Preferred drugs: 20% up to \$250</li> <li>Specialty Non-preferred drugs: 40% up to \$500</li> </ul>	Prescription drugs purchased from Non-Participating Pharmacies are not eligible for reimbursement by the Plan.
<b>Prosthetic Appliances</b>	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Routine Colonoscopy</b> (Age 50 and above)	100% of covered expenses; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Routine Mammogram</b> (Age 40 and above)	100% of covered expenses; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.

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<b>Routine Well Adult Care</b> (Age 18 and above)	100% of covered expenses; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
	<p>This routine benefit includes, but is not limited to, physician charges for an annual routine examination, routine x-rays and laboratory, immunizations and the routine services listed below:</p> <ul style="list-style-type: none"> <li>Immunizations.</li> <li>Fasting lipoprotein profile (cholesterol screening).</li> <li>Annual Prostate Specific Antigen (PSA) screening.</li> <li>Fasting blood sugar screening (for diabetes mellitus).</li> <li>Annual colorectal screening.</li> <li>Bone Mineral Density (BMD) screening (once every 24 months).</li> <li>Women's Health Services to include pelvic exam and Pap test; screening for gestational diabetes; DNA Testing; HPV (Human Papillomavirus); counseling for sexually transmitted infections; counseling and screening for human immunodeficiency virus; screening and counseling for interpersonal and domestic violence; breastfeeding support, supplies and counseling; sterilization; and contraceptive methods and counseling. Limitations may apply.</li> </ul> <p><b>A complete list of covered ACA mandated routine services for women / adults is available at:</b> <b><a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a></b></p>	
<b>Routine Well Child Care</b> (Birth through age 17)	100% of covered expenses; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
	<p>Includes Office Visit charges, immunizations, laboratory blood tests, developmental screening, behavioral assessments, routine vision screening &amp; hearing screening for newborns.</p> <p><b>A complete list of covered ACA mandated routine services for children is available at:</b> <b><a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a></b></p>	
<b>Transplant Benefit</b>	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>Vision Examination</b> Limited to 1 examination every 12 months	100% of covered expenses; not subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.
<b>All Other Covered Medical Expenses</b>	100% of covered expenses; subject to Calendar Year deductible.	70% Coinsurance; subject to Calendar Year deductible.

**Questions regarding Coverage and/or Benefits should be directed to:**

**Preferred Benefit Administrators**

PO Box 916188 Longwood, FL 32791-6188

407-786-2777 or 888-524-2777

**[www.PreferredTPA.com](http://www.PreferredTPA.com)**

