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Summary of Benefits and Coverage: What this Plan Covers & What it costs

Coverage for: All Coverage Levels | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.cms.gov/CCIIO/Resources/Regulations-and-Guidance/Downloads/Uniform-Glossary-12-19-14-FINAL.pdf">https://www.cms.gov/CCIIO/Resources/Regulations-and-Guidance/Downloads/Uniform-Glossary-12-19-14-FINAL.pdf</a>, or call 1-800-741-2673 to request a copy.

Important Questions	Answers	Why This Matters:		
What is the overall deductible?	In—Network: Individual- \$1,000 (LRMC Facility) & \$3,000 (MHP)/ Family- \$2,000 (LRMC Facility) & \$6,000 (MHP) Out-of-Network: Individual- \$5,500/ Family- \$11,000 Family Out-of-Network Doesn't apply to In-Network Routine Annual Exam.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .		
Are there services covered before you meet your deductible?	Yes. Preventative care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventative services witho cost sharing and before you meet your deductible. See a list of covered preventative services at <a href="https://www.healthcare.gov/coverage/preventative-care-benefits/">https://www.healthcare.gov/coverage/preventative-care-benefits/</a> .		
Are there other deductibles for specific services?	No.	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.		
		The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.		
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, and penalties for failure to obtain pre-authorization for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.		
Will you pay less if you use a network provider?  Yes. For a list of In-Network providers, see www.corehealthbenefits.com or call 1- for some services. Be aware, your in-network doctor or hospital may use an out-of for some services. Plans use the term in-network, preferred, or participating for pre		If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .		
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.		

		What Y	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Primary care visit to treat an injury or illness	\$35 <b>OR</b> \$40 Co-pay	50% coinsurance after deductible	none	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$45 <b>OR</b> \$60 Co-pay	50% coinsurance after deductible	Chiropractic care Coverage is limited to 20 visits maximum. No coverage for Acupuncture.	
	Preventive care/screening/ immunization	No cost	50% coinsurance after deductible	none	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No cost <b>OR</b> 25% coinsurance after	50% coinsurance after	Prior authorization may be required for specific	
ii you nave a test	Imaging (CT/PET scans, MRIs)	deductible	deductible	services.	
	Generic drugs	\$10 co-pay (retail) <b>OR</b> \$25 copay (mail order)	None	Retail pharmacy – 30-day supply. Mail order – 60, 90-day supply.	
If you need drugs to treat your illness or condition	Preferred brand drugs	\$30 co-pay (retail) <b>OR</b> \$50 co-pay <b>(</b> mail order)	None	The greater of the flat-dollar co-payment or coinsurance.  Retail pharmacy – 30-day supply.  Mail order – 60, 90-day supply.	
More information about prescription drug coverage is available at www.corehealthbenefits.	Non-preferred brand drugs	\$60 co-pay (retail) <b>OR</b> \$100 co-pay (mail order)	None	The greater of the flat-dollar co-payment or coinsurance.  Retail pharmacy – 30-day supply.  Mail order – 60, 90-day supply.	
com	Specialty drugs	20% (\$250 co-pay max.) (retail) <b>OR</b> 20% (\$750 co-pay max per 30-day supply) (mail order)	None	See above categories.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)  Physician/surgeon fees	15% <b>OR</b> 25% coinsurance after deductible	50% coinsurance after deductible	Preauthorization required. 50% reduced benefits/coinsurance for noncompliance.	
If you need immediate medical attention	Emergency room care	\$250 co-pay 20% coinsurance after deductible	\$150 co-pay 20% coinsurance after deductible	Non-accident, non-emergency services is not covered. \$200 co-pay plus 20% co-insurance, per admittance, (waived if admitted.)	
	Emergency medical	25% coinsurance after	50% coinsurance after	none	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.corehealthbenefits.com

			ou Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	transportation	deductible	deductible		
	<u>Urgent care</u>	\$75 co-pay	\$75 co-pay 50% coinsurance after deductible	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	Deductible then 15% coinsurance <b>OR</b> Deductible then \$400 co-pay plus 25% coinsurance	Deductible then \$1,200 Copay plus 50% coinsurance	Preauthorization required. 50% reduced benefits/coinsurance for noncompliance.	
	Physician/surgeon fees	15% <b>OR</b> 25% coinsurance after deductible	50% coinsurance after deductible	Preauthorization required. 50% reduced benefits/coinsurance for noncompliance.	
If you need mental health, behavioral	Outpatient services	15% <b>OR</b> 25% coinsurance after	50% coinsurance after	Preauthorization required. 50% reduced	
health, or substance abuse services	Inpatient services	deductible	deductible	benefits/coinsurance for noncompliance.	
	Office visits	\$35 <b>OR</b> \$40 Co-pay	50% coinsurance after deductible	none	
If you are pregnant	Childbirth/delivery professional services	15% <b>OR</b> 25% coinsurance after		Preauthorization required for any maternity hospital stay longer than 48 hours (vaginal	
	Childbirth/delivery facility services	deductible	deductible	delivery) or 96 hours (cesarean). 50% reduced benefits/coinsurance for noncompliance.	
	Home health care			120-day calendar year maximum. Preauthorization required. 50% reduced benefits/coinsurance for noncompliance.	
If you need help	Rehabilitation services			25 days per calendar year maximum.	
recovering or have	<u>Habilitation services</u>	25% coinsurance after	50% coinsurance after	Preauthorization required.	
other special health needs	Skilled nursing care	deductible	deductible	30 days per calendar year maximum. Preauthorization required.	
	Durable medical equipment			Preauthorization required for all DME in excess of \$500, penalty for noncompliance	
	Hospice services			Preauthorization required. 50% reduced benefits/coinsurance for noncompliance.	
If your child needs dental or eye care	Children's eye exam	\$40 co-pay	\$50 co-pay	One (1) eye exam routine benefit per program year.	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.corehealthbenefits.com

		What Y	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Children's glasses	\$40 co-pay plus cost that exceed plan	\$50 co-pay plus cost that exceed plan	One (1) pair of lenses per program year. One (1) pair of frames every 24 months.	
	Children's dental check-up	20% coinsurance	20% coinsurance	One (1) dental exam every six (6) months	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

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Acupuncture	Hearing aids	• Routine eye care
Bariatric surgery	Infertility treatment	Routine foot care
Cosmetic surgery	Long-Term care	Weight loss programs
Dental (Adult)	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Chiropractic care

• Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact the plan at 1-888-741-2673. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.corehealthbenefits.com

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-741-2673.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-741-2673.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-741-2673.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-741-2673.

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.——————

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.corehealthbenefits.com

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
■ Specialist [cost sharing]	\$45
■ Hospital (facility) [cost sharing]	25%
Other [cost sharing]	25%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:					
Cost Sharing	Cost Sharing				
Deductibles	\$3000				
Copayments	\$400				
Coinsurance	\$2350				
What isn't covered					
Limits or exclusions	\$0				
The total Peg would pay is	\$5750				

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$300
■ Specialist [cost sharing]	\$45
■ Hospital (facility) [cost sharing]	25%
Other [cost sharing]	25%

## This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12800

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$3000		
Copayments	\$700		
Coinsurance	\$925		
What isn't covered			
Limits or exclusions	\$0		
The total Joe would pay is	\$4625		

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3000
■ Specialist [cost sharing]	\$45
Hospital (facility) [cost sharing]	25%
Other [cost sharing]	25%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

**Total Example Cost** 

\$7400

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

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# In this example, Mia would pay:

in this example, wild would pay.			
Cost Sharing			
Deductibles	\$3000		
Copayments	\$310		
Coinsurance	\$48		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$3358		

\$3500