

CORE Management Resources: MRMC LifeStyles

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016 – 12/31/2016

Coverage for: All Coverage Levels | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.corehealthbenefits.com or by calling 1-888-741-2673.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u>?	Plan Levels are: Gold - \$2,000 person/\$4,000 family. Silver - \$3,500 person/\$7,000 family. Bronze - \$5,000 person \$10,000 family. Does not apply to in-network preventive care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart in plan document for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	Yes.	For specific services, see the chart in plan document for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. In-network providers plan levels: Gold - \$5,500 person/\$11,000 family. Silver - \$6,000 person/\$12,000 family. Bronze - \$6,500 person/\$12,000 family. Out-of-network providers - Unlimited.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u>?	Premiums, balance-billed charges, health care this plan doesn't cover, and penalties for failure to obtain pre-authorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	See the chart in plan document that describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u>?	Yes. See www.corehealthbenefits.com or call 1-888-741-2673 for a list of in-network providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. See the chart in plan document for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a <u>specialist</u>?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 3. See your plan document for additional information about <u>excluded services</u> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use In-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% coinsurance after deductible	50% coinsurance after deductible	—————none—————
	Specialist visit			
	Other practitioner office visit	see limitations	see limitations	Chiropractic care: Plan pays 50% of eligible expenses with maximum of \$20 payable per visit; limit 25 visits per calendar year
	Preventive care/screening/immunization	No charge	50% coinsurance after deductible	—————none—————
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance after deductible when performed at MRMC Facility/Doctor	50% coinsurance after deductible	40% coinsurance after deductible when performed by MHP provider
	Imaging (CT/PET scans, MRIs)			

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<p>If you need drugs to treat your illness or condition.</p> <p>More information available at www.corehealthbenefits.com</p>	Tier One - Generic Brand Zero Co-Pay for Diabetic, Cholesterol, Statin Prescriptions when filled at the MRMC Pharmacy.	MRMC Pharmacy Prescriptions - \$5 Retail - \$10 Mail Order - \$20	Services Not Covered	MRMC pharmacy – 30, 60, or 90 day supply. Retail pharmacy – 30 day supply only; Mail order – 60 or 90 day supply.
	Tier 2 – Formulary Brand No Generic	MRMC Pharmacy prescriptions-\$10 or 25% Retail - \$20 or 25% Mail Order- \$40 OR 25% copayment/prescription	Services Not Covered	Copayment is the greater of the flat-dollar copayment or coinsurance. MRMC pharmacy – 30, 60, or 90 day supply. Retail pharmacy – 30 day supply only; Mail order – 60 or 90 day supply.
	Tier 3- Non Formulary Brand No Generic	MRMC Pharmacy Prescriptions-\$20 or 50% Retail - \$30 or 50% Mail Order- \$60 OR 50% copayment/prescription	Services Not Covered	
	Specialty drugs	N/A	N/A	see above categories
	Tier 4 - Brand with a generic equivalent	If the member or physician chooses a brand name drug when there is a generic available, the member will pay 50% copay up to a maximum copayment of \$100.		
	Tier 5 – Contraceptives	This plan has a zero copayment for all FDA approved contraceptives. However, if the contraceptive has a generic equivalent, only the generic equivalent will have the zero copayment.		
	Narrative	Only <u>generic</u> drugs in these three therapeutic drug classes, when purchased at the MRMC pharmacy, are available without a member copayment. If the brand name drug has no generic equivalent, the brand name copayment will be capped at \$25 or \$50 (formulary/non-formulary). No brand name Hypertensive or Diabetic drugs are available without a member copayment unless that member’s annual prescription out-of-pocket maximum has been satisfied for their plan (see above prescription copay limit: gold, silver or bronze).		

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If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible	50% coinsurance after deductible	Penalty for failure of preauthorization is denial of claim
	Physician/surgeon fees			
If you need immediate medical attention	Emergency room services	Deductible per ER \$250 then 20% coinsurance after deductible	Deductible per ER \$250 then 20% coinsurance after deductible	Deductible is waived if admitted
	Emergency medical transportation	20% coinsurance after deductible	50% coinsurance after deductible	_____none_____
	Urgent care			
If you have a hospital stay	Facility fee (e.g., hospital room)	Plan deductibles per admission per admission deductibles plus 20% coinsurance per admission.	\$2,000 copayment per admission; 50% coinsurance after deductible	Penalty for failure of preauthorization is denial of claim. See plan document for per admission hospital deductibles.
	Physician/surgeon fee	20% coinsurance after deductible	50% coinsurance after deductible	Penalty for failure of preauthorization is denial of claim
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	20% coinsurance after deductible	50% coinsurance after deductible	_____none_____
	Mental/Behavioral health inpatient services			Penalty for failure of preauthorization is denial of claim
	Substance use disorder outpatient services			_____none_____
	Substance use disorder inpatient services			Penalty for failure of preauthorization is denial of claim
If you are pregnant	Prenatal and postnatal care	20% coinsurance after deductible	50% coinsurance after deductible	Preauthorization required for any maternity hospital stay longer than 48 hours (vaginal delivery) or 96 hours (cesarean).
	Delivery and all inpatient services			

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If you need help recovering or have other special health needs	Home health care	20% coinsurance after deductible	50% coinsurance after deductible	Must be reviewed and approved every 60 days. Maximum 120 days per calendar year. Penalty for failure of preauthorization is denial of claim
	Rehabilitation services	20% coinsurance after deductible	50% coinsurance after deductible	—————none—————
	Habilitation services			
	Skilled nursing care	20% coinsurance after deductible	50% coinsurance after deductible	Maximum 30 days per calendar year
	Durable medical equipment	20% coinsurance after deductible	50% coinsurance after deductible	All DME in excess of \$500 require preauthorization by CORE.
	Hospice service	20% coinsurance after deductible	50% coinsurance after deductible	Must be reviewed and approved every 60 days. Penalty for failure of preauthorization is denial of claim
If your child needs dental or eye care	Eye exam	No Charge	Service Not Covered	Vision screening ONLY under Medical Plan; see Vision Plan
	Glasses	Not Covered	Service Not Covered	Not Covered under Medical Plan; see Vision Plan
	Dental check-up	No Charge	Service Not Covered	Oral health risk assessment ONLY under Medical Plan; see Dental Plan

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u> .)		
<ul style="list-style-type: none"> • Acupuncture • Bariatric surgery • Cosmetic surgery • Dental care (Adult) 	<ul style="list-style-type: none"> • Hearing aids • Infertility treatment • Long-term care • Non-emergency care when traveling outside the U.S. 	<ul style="list-style-type: none"> • Routine eye care (Adult) • Routine foot care, and • Weight loss programs
Other Covered Services (This isn't a complete list. Check your plan document for other covered services and costs for these services.)		
<ul style="list-style-type: none"> • Chiropractic care 		<ul style="list-style-type: none"> • Private-duty nursing

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-888-741-2673. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: 1-888-741-2673.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

—————To see examples of how this plan might cover costs for a sample medical situation, see the next page.—————

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different. See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,160
- Patient pays \$3,380

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$2,250
Copays	\$90
Coinsurance	\$1,040
Limits or exclusions	\$0
Total	\$3,380

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,440
- Patient pays \$1,960

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,000
Copays	\$100
Coinsurance	\$860
Limits or exclusions	\$0
Total	\$1,960

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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