

Pre-Certification List

The following items require pre-certification:

- *Biopsy (any body part including skin), radiation therapy, chemotherapy*
- *Bone Density Study (Dexa Scan)*
- *Bronchoscopy*
- *Cat Scan (CT)*
- *Colonoscopy*
- *Colposcopy*
- *DME over \$500*
- *Echocardiogram*
- *Electroencephalogram (EEG)*
- *Esophagogastroduodenoscopy (EGD) *Not the same as an Upper GI*
- *Electromyogram (EMG)*
- *Heart Catheterization*
- *HIDA Scan*
- *Home Health Care*
- *Inpatient stay*
- *MRI*
- *Nerve Conduction Studies*
- *Nuclear Scan*
- *Observation Stay*
- *Organ Transplant*
- *Outpatient surgery (unless listed below)*
- *PET Scan*
- *Renal Dialysis (Hemodialysis or peritoneal dialysis)*
- *Sleep Studies*
- *Therapies: Speech therapy (Physical therapy and occupational therapy allow 20 visits without a pre-cert)*

The following items do not require pre-certification:

- *Cardiac Stress Test (Treadmill or Non-Nuclear)*
- *Cataract Surgery*
- *Electrocardiogram (EKG)*
- *Mammogram*
- *Pap Smear*
- *Sterilization (Vasectomy and Tubal Ligation)*
- *Ultrasound (Also called Doppler studies)*
- *X-rays*

You are required to obtain authorization for certain procedures that might be cosmetic or not medically necessary for the treatment of illness or injury. All requests for these

procedures should be made in writing and should be submitted well in advance of the planned procedure date:

- *Blephareplasty*
- *Breast reduction or mammoplasty*
- *Dermatolipectomy*
- *Diastasis recti repair (tummy tuck)*
- *Hernia repairs, all except inguinal*
- *Incision of the maxilla or mandible*
- *Keloid removal*
- *Mastectomy for gynecomastia*
- *Mentoplasty*
- *Otoplasty*
- *Panniculectomy*
- *Penile Implant*
- *Rhinoplasty*

Subject to change with changes to Plan Document