Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.corehealthbenefits.com or by calling 1-888-741-2673.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$500 person In-Network/ \$1,000 person Out-of-Network Doesn't apply to In-Network Routine Annual Exam.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. For In-Network providers \$3,000 person /\$9,000 family For Out-of-Network providers Unlimited person	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of In-Network providers, see www.corehealthbenefits.com or call 1-888-741-2673.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <b>excluded services</b> .

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO



- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	none
If you visit a health care provider's office or clinic	Specialist visit	20% coinsurance	40% coinsurance	none
	Other practitioner office visit	20% coinsurance	40% coinsurance	Chiropractic care Coverage is limited to \$2,000 annual maximum. No coverage for Acupuncture.
	Routine Annual Exam/Screening/Immuni zation	No charge	40% coinsurance	First \$300 is paid at 100%, charges incurred for Routine Annual Exam in excess of \$300 are payable at 80%, waiving the deductible.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	none
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Preauthorization required, \$200 penalty for noncompliance.

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you need drugs to	Generic drugs	\$15 co-pay <b>OR</b> greater of 20% coinsurance (retail) <b>OR</b> \$30 copay (mail order)	None	Co-payment is the greater of the flat-dollar co-payment or coinsurance. Total costs not to exceed \$150 for any 30-day supply. Retail pharmacy – 30, 60, 90 day supply. Mail order – 90 day supply.
treat your illness or condition  More information about prescription drug	Preferred brand drugs	\$25 co-pay <b>OR</b> greater of 20% coinsurance (retail) <b>OR</b> \$50 copay (mail order)	None	Co-payment is the greater of the flat-dollar co-payment or coinsurance. Total costs not to exceed \$150 for any 30-day supply. Retail pharmacy – 30, 60, 90 day supply. Mail order – 90 day supply.
coverage is available at	Non-preferred brand drugs	\$50 co-pay <b>OR</b> greater of 20% coinsurance (retail) <b>OR</b> \$100 copay (mail order)	None	Co-payment is the greater of the flat-dollar co-payment or coinsurance. Total costs not to exceed \$150 for any 30-day supply. Retail pharmacy – 30, 60, 90 day supply. Mail order – 90 day supply.
	Specialty drugs	n/a	n/a	See above categories.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to admission, \$200 penalty for noncompliance.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to admission, \$200 penalty for noncompliance.
If you need immediate medical attention	Emergency room services	20% coinsurance	40% coinsurance	Preauthorization required within 2 days after admission, \$200 penalty for noncompliance. Non-accident, non-emergency services \$25 co-payment, waived if admitted.
	Emergency medical transportation	20% coinsurance	40% coinsurance	none
	Urgent care	20% coinsurance	40% coinsurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to admission, \$200 penalty for noncompliance.

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Physician/surgeon fee	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to admission, \$200 penalty for noncompliance.
	Mental/Behavioral health outpatient services	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to services, \$200 penalty for noncompliance.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to admission, \$200 penalty for noncompliance.
	Substance use disorder outpatient services	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to services, \$200 penalty for noncompliance.
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	Preauthorization required within 2 business days prior to admission, \$200 penalty for noncompliance.
If you are pregnant	Prenatal and postnatal care	20% coinsurance	40% coinsurance	Preauthorization required for any maternity hospital stay longer than 48 hours (vaginal delivery) or 96 hours (cesarean), \$200 penalty for noncompliance.
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	Preauthorization required for any maternity hospital stay longer than 48 hours (vaginal delivery) or 96 hours (cesarean), \$200 penalty for noncompliance.

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Home health care	20% coinsurance	40% coinsurance	Preauthorization required, \$200 penalty for noncompliance. Must be reviewed and approved every 60 days. Maximum 120 days per calendar year.
	Rehabilitation services	20% coinsurance	40% coinsurance	Preauthorization required for occupational therapy, pulmonary therapy, pulmonary rehabilitation and speech therapy, \$200 penalty for noncompliance.
If you need help recovering or have	Habilitation services	20% coinsurance	40% coinsurance	Preauthorization required, \$200 penalty for noncompliance.
other special health needs	Skilled nursing care	20% coinsurance	40% coinsurance	Preauthorization required, \$200 penalty for noncompliance. Must be reviewed and approved every 60 days. Maximum 120 days per calendar year.
	Durable medical equipment	20% coinsurance	40% coinsurance	Preauthorization required for all DME in excess of \$500, penalty for noncompliance \$200.
	Hospice service	20% coinsurance	40% coinsurance	Preauthorization required, penalty for noncompliance \$200. Must be reviewed and approved every 60 days.  Maximum lifetime benefit \$20,000.
If your child needs	Eye exam	Not Covered	Not Covered	none
dental or eye care	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	Not covered under Medical Plan; see Dental Plan.

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Hearing aids
- netic Infertility treatment
  - ids Long-Term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care

- Routine foot care
- Weight loss programs

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Dental care for accidental injury, removal of tumors, removal of unerupted/impacted teeth, or correction of congenital abnormalities

Private-Duty nursing

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-741-2673. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: 1-888-741-2673.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u>** minimum essential coverage.

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO

## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

- Amount owed to providers: \$9,480
- Plan pays \$7,120
- **Patient pays** \$2,360

#### Sample care costs:

Hospital charges (mother)	\$3,300
Routine obstetric care	\$2,700
Hospital charges (baby)	\$430
Anesthesia	\$2,100
Laboratory tests	\$540
Prescriptions	\$100
Radiology	\$250
Vaccines, other preventive	\$60
Total	\$9,480

#### Patient pays:

<u> </u>	
Deductibles	\$500
Copays	\$80
Coinsurance	\$1,780
Limits or exclusions	\$0
Total	\$2,360

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$11,950
- Plan pays \$10,520
- Patient pays \$1,430

#### Sample care costs:

Prescriptions	\$8,500
Medical Equipment and Supplies	\$1,800
Office Visits and Procedures	\$1,200
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$50
Total	\$11,950

#### Patient pays:

Deductibles	\$500
Copays	\$600
Coinsurance	\$330
Limits or exclusions	\$0
Total	\$1,430

Note: These numbers assume the patient has given notice of her pregnancy to the plan. If you are pregnant and have not given notice of your pregnancy, your costs may be higher. For more information, please contact: 1-888-741-2673.

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.

Coverage Period: 07/01/2016 - 06/30/2017

Coverage for: All Coverage Levels | Plan Type: PPO

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-888-741-2673 or visit us at www.corehealthbenefits.com.