

SCH Pre-Certification List

The following items require pre-certification:

- Biopsy (any body part including skin), radiation therapy, chemotherapy (SCH Medical Service)
- Bone Density Study (Dexa Scan) (SCH Medical Service)
- Bronchoscopy (SCH Medical Service)
- Colonoscopy (SCH Medical Service)
- Colposcopy (SCH Medical Service)
- CT Scan (SCH Medical Service)
- DME over \$500
- Echocardiogram (SCH Medical Service)
- Electroencephalogram (EEG) (SCH Medical Service)
- Electromyogram (EMG)
- Genetic Testing (Sent out to Quest)
- Heart Catheterization
- HIDA Scan (SCH Medical Service)
- Hip Arthroscopy (SCH Medical Service)
- Hip Replacement (SCH Medical Service)
- Hyperbaric Oxygen Therapy (SCH Medical Service)
- Hysterectomy (SCH Medical Service)
- Hysteroscopy (SCH Medical Service)
- Inpatient stay (SCH Medical Service)
- Knee Arthroscopy (SCH Medical Service)
- MRI (SCH Medical Service)
- Nerve Conduction Studies
- Nuclear Scan (SCH Medical Service)
- Ob/Gyn Procedures (SCH Medical Service)
- Observation Stay (SCH Medical Service)
- Organ Transplant
- Orthognathic/TMJ
- Outpatient surgery unless listed below- (SCH Service)
- PET Scan
- Pulmonary Function Studies (SCH Medical Service)
- Renal Dialysis (SCH Service for inpatient only)
- Shoulder Arthroscopy (SCH Medical Service)
- Shoulder Reconstruction (SCH Medical Service)
- Sleep Studies (SCH Medical Service)
- Therapies: Speech therapy (Physical therapy and occupational therapy allow 20 visits without a pre-cert) (SCH Medical Service)
- Total knee replacement (SCH Medical Service)
- Trigger Point Injection (SCH Medical Service)
- Urological Procedures (SCH Medical Service)

The following items do not require pre-certification:

- Arterial Blood Gas Studies (SCH Medical Service)
- Cardiac Stress Test (SCH Medical Service)
- Cataract Surgery (SCH Medical Service)
- Circumcision (as long as it is done at birth) (SCH Service)
- Esophagogastroduodenoscopy (EGD) (SCH Medical Service)
- Electrocardiogram (EKG) (SCH Medical Service)
- Fluoroscopy (SCH Medical Service)
- Insertion of IUD (SCH Medical Service)
- Mammogram (SCH Medical Service)
- Pap Smear (SCH Medical Service)
- Tubal Ligation (SCH Service)
- Ultrasound (Also called Doppler studies) (SCH Medical Service)
- Vasectomy
- X-rays (SCH Medical Service)

You are required to obtain authorization for certain procedures that might be cosmetic or not medically necessary for the treatment of illness or injury. All requests for these procedures should be made in writing and should be submitted well in advance of the planned procedure date:

- Blephareplasty
- Breast reduction or Mammoplasty
- Dermatolipectomy
- Diastasis recti repair (tummy tuck)
- Hernia repairs, all except inguinal (SCH Medical Service)
- Incision of the maxilla or mandible
- Keloid removal
- Mastectomy for gynecomastia
- Mentoplasty
- Otoplasty
- Panniculectomy (SCH Medical Service)
- Rhinoplasty
- Sclerotherapy
- UPPP
- Varicose Vein Ligation/stripping

*Subject to change with changes to Plan Document