

Preventive Care Benefits – MEC Covered Services

-Preventive Health Services for Adults

1. Abdominal Aortic Aneurysm one-time screening (men of specific ages who have never smoked)
2. Alcohol Misuse screening and counseling
3. Aspirin Use (to prevent cardiovascular disease for men and women of certain ages)
4. Blood Pressure Screening (for all adults)
5. Cholesterol Screening (for adults of certain ages or at higher risk)
6. Colorectal Cancer Screening (for adults over 50)
7. Depression Screening (for adults)
8. Diabetes (Type 2) Screening (for adults with high blood pressure)
9. Diet Counseling (for adults at higher risk for chronic disease)
10. HIV Screening (ages 15-65, other ages at increased risk)
11. Immunization vaccines (for adults—doses, recommended ages and recommended populations vary)
 - Hepatitis A
 - Hepatitis B
 - Herpes Zoster
 - Human Papillomavirus
 - Influenza (Flu Shot)
 - Measles, Mumps, Rubella
 - Meningococcal
 - Pneumococcal
 - Tetanus, Diphtheria
 - Pertussis
 - Varicella
12. Obesity Screening and Counseling (for all adults)
13. Sexually Transmitted Infection (STI) Prevention Counseling (for adults at higher risk)
14. Syphilis Screening (for all adults at higher screening)
15. Tobacco Use Screening (for all adults and cessation interventions for tobacco users)

-Preventive Health Service for Women

1. Anemia Screening (routine basis for pregnant women)
2. Breast cancer Genetic Test Counseling (BRCA) (for women at higher risk for breast cancer)
3. Breast Cancer Mammography Screenings (every 1 to 2 years for women over 40)
4. Breast Cancer Chemoprevention Counseling (for women at higher risk)
5. Breastfeeding Comprehensive Support and Counseling (from trained providers, and access to breastfeeding supplies, for pregnant and nursing women)

6. Cervical Cancer Screening (for sexually active women)
7. Chlamydia Infection Screening (for younger women and other women at higher risk)
8. Contraception (Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt “religious employers.”)
9. Domestic and Interpersonal Violence Screening and Counseling (for all women)
10. Folic Acid (supplements for women who may become pregnant)
11. Gestational Diabetes Screening (for women 24 to 28 weeks pregnant and those at risk for developing gestational diabetes)
12. Gonorrhea Screening (for all women at higher risk)
13. Hepatitis B Screening (for pregnant women at their first prenatal visit)
14. HIV Screening and Counseling (for sexually active women)
15. Human Papillomavirus (HPV) DNA Test (every 3 years for women with normal cytology results who are 30 or older)
16. Osteoporosis Screening (for women over age 60 depending on risk factors)
17. Rh Incompatibility Screening (for all pregnant women and follow-up testing for women at higher risk)
18. Sexually Transmitted Infections Counseling (for sexually active women)
19. Syphilis Screening (for all pregnant women or other women at increased risk)
20. Tobacco Use Screening and Interventions (for all women, and expanded counseling for pregnant tobacco users)
21. Urinary Tract or Other Infection Screening (for pregnant women)
22. Well-Woman Visits (to get recommended services for women under 65)

-Preventive Health Services for Children

1. Autism Screening (for children 18 to 24 months)
2. Behavior Assessments (for children at the following ages)
 - 0 to 11 months
 - 1 to 4 years
 - 5 to 10 years
 - 11 to 14 years
 - 15 to 17 years
3. Blood Pressure Screening (for children at the following ages)
 - 0 to 11 months
 - 1 to 4 years
 - 5 to 10 years
 - 11 to 14 years
 - 15 to 17 years
4. Cervical Dysplasia Screening (for sexually active females)

5. Depression Screening (for adolescents)
6. Developmental Screening (for children under age 3)
7. Dyslipidemia Screening (for children at higher risk of lipid disorders at the following ages)
 - 1 to 4 years
 - 5 to 10 years
 - 11 to 14 years
 - 15 to 17 years
8. Fluoride Chemoprevention Supplements (for children without fluoride in their water source)
9. Gonorrhea Preventive Medication (for the eyes of all newborns)
10. Hearing Screening (for all newborns)
11. Height, Weight and Body Mass Index Measurements (for children at the following ages)
 - 0 to 11 months
 - 1 to 4 years
 - 5 to 10 years
 - 11 to 14 years
 - 15 to 17 years
12. Hematocrit or Hemoglobin Screening (for children)
13. Hemoglobinopathies or Sickle Cell Screening (for newborns)
14. HIV Screening (for adolescents at higher risk)
15. Hypothyroidism Screening (for newborns)
16. Immunization Vaccines (for children from birth to age 18—doses, recommended ages, and recommended populations vary:
 - Diphtheria, Tetanus, Pertussis
 - Haemophilus influenzae type B
 - Hepatitis A
 - Hepatitis B
 - Human Papillomavirus
 - Inactivated Poliovirus
 - Influenza (Flu Shot)
 - Measles, Mumps, Rubella
 - Meningococcal
 - Pneumococcal
 - Rotavirus
 - Varicella
17. Iron Supplements (for children ages 6 to 12 months at risk for anemia)
18. Lead Screening (for children at risk of exposure)
19. Medical History (for all children throughout the development at the following ages)
 - 0 to 11 months
 - 1 to 4 years
 - 5 to 10 years
 - 11 to 14 years
 - 15 to 17 years

- 20. Obesity Screening and Counseling
- 21. Oral Health Risk Assessment (for young children ages):
 - 0 to 11 months
 - 1 to 4 years
 - 5 to 10 years
- 22. Phenylketonuria (PKU) Screening (for this genetic disorder in newborns)
- 23. Sexually Transmitted Infection (STI) Prevention Counseling and Screening (for adolescents at higher risk)
- 24. Tuberculin Testing (for children at higher risk of tuberculosis at the following ages):
 - 1 to 11 months
 - 1 to 4 years
 - 5 to 10 years
 - 11 to 14 years
 - 15 to 17 years
- 25. Vision Screening (for all children)

Primary Care Visits to Treat an Injury or Illness

Co-Payment Per Member	\$10.00
The Plan Pays	100% of Allowed

Maximum of 4 visits per Calendar year