

## #2491 – Valley Harvest, LLC

**MEDICAL BENEFITS FOR EMPLOYEES AND DEPENDENTS.** The Basic Benefits are not subject to a deductible and will be paid in accordance with the following schedule. All annual limits shown are per calendar year and apply to the employee and dependents separately.

<b>Covered Preventative Service for Adults (18 and older)*</b>	
Abdominal Aortic Aneurysm one-time screening (men of specific ages who have never smoked)	100%
Alcohol Misuse Screening and Counseling	100%
Aspirin Use (to prevent cardiovascular disease for men & women of certain ages)	100%
Blood Pressure Screening (for all adults)	100%
Cholesterol Screening (for adults of certain age or at higher risk)	100%
Colorectal Cancer Screening (for adults over 50)	100%
Depression Screening (for adults)	100%
Type 2 Diabetes Screening (for adults with high blood pressure)	100%
Diet Counseling (for adults at higher risk for chronic disease)	100%
HIV Screening (ages 15-65, other ages at increased risk)	100%
Immunization Vaccines – for adults; doses, recommended ages and recommended populations vary. (including: Hepatitis A & B, Herpes Zoster, Human Papillomavirus, influenza (Flue Shot), Mumps, Measles, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis and Varicella)	100%
Obesity Screening and Counseling ( for all adults)	100%
Sexual Transmitted Infection (STI) Prevention Counseling (for adults at higher risk)	100%
Tobacco Use Screening (for all adults and cessation interventions for tobacco users)	100%
Syphilis Screening (for all adults at higher screening)	100%

  

<b>Covered Preventive Services for Women (Including Pregnant Women)*</b>	
Anemia (screening on a routine basis for pregnant women)	100%
BRCA (counseling about genetic testing for women at higher risk)	100%
Breast Cancer Mammography Screenings (every 1 to 2 years for women over 40)	100%
Breast Cancer Chemoprevention (counseling for women at higher risk)	100%
Breastfeeding (comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women)	100%
Cervical Cancer Screening (for sexually active women)	100%
Chlamydia infection (screening for younger women and other women at higher risk)	100%
Contraception (Food & Drug Administration – approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt “religious employers.”)	100%
Domestic and Interpersonal Violence (screening and counseling for all women)	100%
Folic Acid (supplements for women who may become pregnant)	100%
Gestational Diabetes (screening for women 24 to 28 weeks pregnant and those are high risk for developing gestational diabetes)	100%
Gonorrhea Screening (for women at higher risk)	100%
Hepatitis B Screening (for pregnant women at their first prenatal visit)	100%
Human immunodeficiency Virus (HIV)(screening and counseling for sexually active women)	100%
Human Papillomavirus (HPV) DNA Test (high risk HPV DNA testing every 3 years for women with normal cytology results who are 30 or older)	100%
Osteoporosis (screening for women over age 60 depending risk factors)	100%
Rh Incompatibility (screening for all pregnant women and follow-up testing)	100%

for women at higher risk)	
Tobacco Use (screening and interventions for all women, and expanded counseling for pregnant tobacco users)	100%
Sexually Transmitted Infection (STI) (counseling for sexually active women)	100%
Syphilis (screening for all pregnant women or other women at increased risk)	100%
Urinary Tract or Other Infection Screening (for pregnant women)	100%
Well-Women Visits (to obtain recommended preventive services for women under 65)	100%

<b>Covered Preventive Services for Children*</b>	
Autism (screening for children at 18 to 24 months)	100%
Behavioral (assessments for children at the following ages: 0 to 17 years.)	100%
Blood Pressure (screening for children at the following ages: 0 to 17 years)	100%
Cervical Dysplasia (screening for sexually active females)	100%
Congenital Hypothyroidism (screening for newborns)	100%
Depression (screening for adolescents)	100%
Developmental (screening for children under age 3)	100%
Dyslipidemia (screening for children at higher risk for lipid disorders at the following ages: 1 or 17 years)	100%
Fluoride Chemoprevention (supplements for children without fluoride in their water source)	100%
Gonorrhea (preventative medication for the eyes of all newborns)	100%
Hearing (screening for all newborns)	100%
Height, Weight and Body Mass Index (measurements for children at the following ages: 0 to 17 years)	100%
Hematocrit of Hemoglobin (screening for children)	100%
Hemoglobinopathies (or sickle cell screening for newborns)	100%
HIV (screening for adolescents at higher risk)	100%
Immunization Vaccines (for children for birth to age 18-doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis, Haemophilus Influenza type b, Hepatitis A, Hepatitis B, Human Papillomavirus, Inactivated, Poliovirus, Influenza (Flue Shot), Mumps, Measles, Rubella, Meningococcal, Pneumococcal, Rotavirus and Varicella)	100%
Iron (supplements for children ages 6 to 12 months at risk for anemia)	100%
Lead (screening for children at risk of exposure)	100%
Medical History (for all children throughout development at the following ages: 0 to 17 years)	100%
Obesity Screening and Counseling	100%
Oral Health Risk Assessment for young children ages: 0 to 10 years)	100%
Phenylketonuria (PKU)(screening for this genetic disorder in newborns)	100%
Sexually Transmitted Infection (STI) (prevention counseling and screening for adolescents at higher risk)	100%
Tuberculin (testing for children at higher risk of tuberculosis at the following ages: 1 to 17 years)	100%
Vision (screening for all children)	100%