

#2524 – KCMC, Inc.

MEDICAL BENEFITS FOR EMPLOYEES AND DEPENDENTS. The Basic Benefits are not subject to a deductible and will be paid in accordance with the following schedule. All annual limits shown are per calendar year and apply to the employee and dependents separately.

Covered Preventative Service for Adults (18 and older)*	
Abdominal Aortic Aneurysm one-time screening (men of specific ages who have never smoked)	100%
Alcohol Misuse Screening and Counseling	100%
Aspirin Use (to prevent cardiovascular disease for men & women of certain ages)	100%
Blood Pressure Screening (for all adults)	100%
Cholesterol Screening (for adults of certain age or at higher risk)	100%
Colorectal Cancer Screening (for adults over 50)	100%
Depression Screening (for adults)	100%
Type 2 Diabetes Screening (for adults with high blood pressure)	100%
Diet Counseling (for adults at higher risk for chronic disease)	100%
HIV Screening (ages 15-65, other ages at increased risk)	100%
Immunization Vaccines – for adults; doses, recommended ages and recommended populations vary. (including: Hepatitis A & B, Herpes Zoster, Human Papillomavirus, influenza (Flue Shot), Mumps, Measles, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis and Varicella)	100%
Obesity Screening and Counseling (for all adults)	100%
Sexual Transmitted Infection (STI) Prevention Counseling (for adults at higher risk)	100%
Tobacco Use Screening (for all adults and cessation interventions for tobacco users)	100%
Syphilis Screening (for all adults at higher screening)	100%

Covered Preventive Services for Women (Including Pregnant Women)*	
Anemia (screening on a routine basis for pregnant women)	100%
BRCA (counseling about genetic testing for women at higher risk)	100%
Breast Cancer Mammography Screenings (every 1 to 2 years for women over 40)	100%
Breast Cancer Chemoprevention (counseling for women at higher risk)	100%
Breastfeeding (comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women)	100%
Cervical Cancer Screening (for sexually active women)	100%
Chlamydia infection (screening for younger women and other women at higher risk)	100%
Contraception (Food & Drug Administration – approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt “religious employers.”)	100%
Domestic and Interpersonal Violence (screening and counseling for all women)	100%
Folic Acid (supplements for women who may become pregnant)	100%
Gestational Diabetes (screening for women 24 to 28 weeks pregnant and those are high risk for developing gestational diabetes)	100%
Gonorrhea Screening (for women at higher risk)	100%
Hepatitis B Screening (for pregnant women at their first prenatal visit)	100%
Human immunodeficiency Virus (HIV)(screening and counseling for sexually active women)	100%
Human Papillomavirus (HPV) DNA Test (high risk HPV DNA testing every 3 years for women with normal cytology results who are 30 or older)	100%
Osteoporosis (screening for women over age 60 depending risk factors)	100%
Rh Incompatibility (screening for all pregnant women and follow-up testing)	100%

for women at higher risk)	
Tobacco Use (screening and interventions for all women, and expanded counseling for pregnant tobacco users)	100%
Sexually Transmitted Infection (STI) (counseling for sexually active women)	100%
Syphilis (screening for all pregnant women or other women at increased risk)	100%
Urinary Tract or Other Infection Screening (for pregnant women)	100%
Well-Women Visits (to obtain recommended preventive services for women under 65)	100%

Covered Preventive Services for Children*	
Autism (screening for children at 18 to 24 months)	100%
Behavioral (assessments for children at the following ages: 0 to 17 years.)	100%
Blood Pressure (screening for children at the following ages: 0 to 17 years)	100%
Cervical Dysplasia (screening for sexually active females)	100%
Congenital Hypothyroidism (screening for newborns)	100%
Depression (screening for adolescents)	100%
Developmental (screening for children under age 3)	100%
Dyslipidemia (screening for children at higher risk for lipid disorders at the following ages: 1 or 17 years)	100%
Fluoride Chemoprevention (supplements for children without fluoride in their water source)	100%
Gonorrhea (preventative medication for the eyes of all newborns)	100%
Hearing (screening for all newborns)	100%
Height, Weight and Body Mass Index (measurements for children at the following ages: 0 to 17 years)	100%
Hematocrit of Hemoglobin (screening for children)	100%
Hemoglobinopathies (or sickle cell screening for newborns)	100%
HIV (screening for adolescents at higher risk)	100%
Immunization Vaccines (for children for birth to age 18-doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis, Haemophilus Influenza type b, Hepatitis A, Hepatitis B, Human Papillomavirus, Inactivated, Poliovirus, Influenza (Flue Shot), Mumps, Measles, Rubella, Meningococcal, Pneumococcal, Rotavirus and Varicella)	100%
Iron (supplements for children ages 6 to 12 months at risk for anemia)	100%
Lead (screening for children at risk of exposure)	100%
Medical History (for all children throughout development at the following ages: 0 to 17 years)	100%
Obesity Screening and Counseling	100%
Oral Health Risk Assessment for young children ages: 0 to 10 years)	100%
Phenylketonuria (PKU)(screening for this genetic disorder in newborns)	100%
Sexually Transmitted Infection (STI) (prevention counseling and screening for adolescents at higher risk)	100%
Tuberculin (testing for children at higher risk of tuberculosis at the following ages: 1 to 17 years)	100%
Vision (screening for all children)	100%